



Plymouth Local Action Plan – Dementia 2011/12

Who is involved in our action plan:

Plymouth City Council Adult Social Care Services and NHS Plymouth have been working together to deliver the Joint Dementia Strategy for Plymouth. The following people have been involved;

- Consultant, Care of the Elderly, Plymouth Hospitals NHS Trust
- Consultant Psychologist, Plymouth Community Healthcare
- Mental Health Commissioner NHS Plymouth
- Director of Nursing, Plymouth Hospitals NHS Trust
- GP Lead (Dementia)
- Commissioning Manager – Adult Social Care, Plymouth City Council
- Assistant Director for Older Person’s Mental Health, Plymouth Community Healthcare
- Head of Continuing Health Care, NHS Plymouth
- Director of Mental Health Services, Plymouth Community Healthcare
- Representatives from Community and Voluntary Sector

How the plan is being delivered and overseen:

A Joint Commissioning Group has been established with NHS Plymouth as the lead agency for the delivery of the Dementia Strategy and there are specific actions against each member of the project group.

What we are doing.

Government’s key priorities.
Improving hospital care
What we have done and achieved so far:
<ul style="list-style-type: none">• Range of information has been developed regarding improvement of

clients experience on acute wards

- Redevelopment / redesign of Plymouth Liaison to enhance quality care in acute provision

What we plan to achieve in the next twelve months:

- Complete national hospital audit and develop action plan for both Plymouth Hospitals NHS Trust and Local Care Centre wards run by NHS Plymouth.
- Commissioning of Red Cross service to provide low level support to people and their families on discharge from hospital

Improving earlier diagnosis

What we have done and achieved so far:

- The Community Memory Service has achieved a national accreditation award and we have commissioned a nurse prescriber to support the service.
- Increased the number of people accessing the memory service.

What we plan to achieve in the next twelve months:

- Health and social care services will be redesigned through the TCS agenda to address the required anticipated growing need

Improving care in care homes

What we have done and achieved so far:

- The Dignity in Care Forum has continued to be developed. It achieved a national award for its' support for care homes.
- Plymouth City Council has commissioned the 'My Home Life' project to work with care home leaders to celebrate best practice and enhance quality of care.
- My home life commissioned to carry out 'Big Event', an appreciative enquiry event into improving the interface between hospitals and care homes. This will inform specifications for providers.

What we plan to achieve in the next twelve months:

- We will be leading the development of the Dementia Quality Mark for the South West. This involves establishing a local accreditation scheme with care homes with the aim of improving the quality of care provided.

- Increase joint work between health and social care around quality assurance and performance monitoring of care home provision
- Commission a care quality improvement team to support commissioned services with a focus on care homes

Reducing the use of antipsychotics

What we have done and achieved so far:

- Audit of prescribing anti psychotics and benzodiazepines in primary, secondary and nursing home care for those with dementia has been undertaken

What we plan to achieve in the next twelve months:

- Using the findings of the audit to develop an action plan to ensure patients medication is regularly reviewed when prescribed anti-psychotics.

Raising awareness

What we have done and achieved so far:

- Lead GP identified to support primary care education, training and awareness
- Dementia Lead Consultant appointed to enhance development of service provision and development of care pathway
- Living well with dementia conference held in Plymouth with representatives across, health, social care, education, voluntary sector, service users and carers

What we plan to achieve in the next twelve months:

- A range of information being developed for providers including primary care
- A Care Pathway for patients and carers is under development and will be launched later this year and will describe how people access services.
- Advise and information service to be recommissioned jointly across health and social care as part of the early intervention and prevention agenda (Putting People First).

Providing support in the community

What we have done and achieved so far:

- We developed the domiciliary care brokerage service to be delivered jointly across health and social care
- Adult Social Care launched Plymouth Online Directory
- Patients with dementia now have access to our Supported Discharge service when being discharged from general hospital
- Six Extra Care housing schemes opened, one of which specialises in dementia

What we plan to achieve in the next twelve months:

- There will be a review of the acute model of care to focus more support into the community enabling people to remain at home longer.
- Develop domiciliary care provision to better meet the needs of people with dementia, ensuring the workforce have appropriate training
- Enhance social care support through the NHS funds for social care (E.g. befriending, equipment)
- Ensure all intermediate care services are specified to be able to meet the needs of people with dementia

Supporting carers

What we have done and achieved so far:

- Developed an out of hours, flexible service for carers to access in a crisis
- Joint carers strategy in place
- Commissioned enhanced memory cafe services through Alzheimer's society

What we plan to achieve in the next twelve months:

- Committing additional resource to expand access to existing services for carers support and improve links to the memory service through the community and voluntary sector
- Increase access to short breaks

Training our workforce

What we have done and achieved so far:

- Professionals accessed dementia care mapping training.
- Delivered masterclasses for GPs.

- Workforce development group set up which includes representatives from University of Plymouth, City College and other training providers
- Adult health and social care dementia workforce strategy published to address the needs of all individuals working with people with or at risk of developing dementia.
- Commissioned Jackie Pool Associates to deliver awareness training to 250 care workers
- Plymouth Dementia Action Alliance launched

What we plan to achieve in the next twelve months:

- Widen GP masterclass programme
- Commission Jackie Pool Associates to implement leadership skills training across dementia suppliers

Other NDS objectives in our local plan.

Improve end of life care for people with dementia

What we have done and achieved so far:

- Launch end of life coordination centre to deliver one point of contact for professionals and the public for patient's receiving end of life care.
- Commissioned 'Facing the Sunset' conference in Plymouth where professionals, service providers, service users and families come together to share and learn about end of life care for people with dementia

What we plan to achieve in the next twelve months:

- Implement end of life register
- Work in partnership to ensure delivery of end of life training programme